applestalk

Save the Date!

Christmas Bazaar at Edenton

❄ **Friday, Dec. 5** ❄

10 a.m. 'til 2 p.m.

Edenton's Annual Christmas Bazaar is right around the corner. Start your holiday shopping early! Spread the word to family and friends and come check out the craftiness of residents and staff.

See you there!

Introducing Our New Provider

Jennifer Holmes, Executive Director

We are pleased to announce that **Ramatou Harouna**, PMHNP-BC, has joined our community's healthcare team through Counterpoint Health Services. Ramatou is a board-certified psychiatric nurse practitioner with expertise in providing comprehensive mental health care across the lifespan.

After gaining valuable experience in acute and outpatient settings, she discovered a deep passion for psychogeriatrics and has since dedicated her career to serving the elderly population. Her work focuses on delivering compassionate, evidence-based psychiatric care in diverse environments, primarily assisted living facilities and independent living communities.

Ramatou's care approach emphasizes holistic treatment, patient-centered care, and close collaboration with families and interdisciplinary teams to enhance the quality of life for older adults. She is excited about this opportunity to serve our community!

Christmas Eve Service

Liz Lyles, Life Enrichment Coordinator

Christmas Eve is a gentle pause with calm little moments right before all the holiday excitement kicks in. It's about family getting together, sharing those cozy traditions, special meals, laughter and exchanging gifts with one another.

On Christmas Eve December 24th, Blossom Place residents will gather with the rest of the Edenton community at our annual Christmas Eve service. The service will be held at 1:30 p.m. in the Chapel. Chaplain Chris will help us celebrate the reason for the season.

You are invited to join us for this special Christmas Eve service.

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Page Turner's Book Club

This month's selection is *The Housemaid* by Freida McFadden.

Soon to be released as a movie! This thrilling story follows Millie, who gets released from prison and is seeking a fresh start, as she is hired to be a housemaid for a prominent family. Twists and turns make for an exciting read!

Join us in the library at 3 p.m. on Thursday, December 18 for this month's book discussion.

Welcome, neighbor, to Edenton!

Lisa Ambrose, Life Enrichment Director

A warm welcome to **Mr. James "Jim" Becraft** who recently moved into Cottage 402. Jim grew up in Atlantic City, New Jersey. He completed a Bachelor of Science degree at Mount St. Mary's College. He was in the U.S. Marine Corps for four years and served in Vietnam in 1968; he was awarded the Purple Heart.

He continued his education and completed a Master's in Public Administration at Harvard University. After his military service, he built a career in Civil Service with several federal agencies. He also served as Mayor for the Carroll Valley borough in nearby Carroll Valley, PA.

Welcome, Jim, to Edenton!

We also welcome **Mr. Ronald Guglielmino** who has moved into Cottage 524. Ron grew up in Rochester, New York. He had one sister. And, Ron served in the United States Air Force.

He earned a bachelor's degree in political science and completed a master's degree in urban planning. He worked as Planning Manager and Director at the Kansas City Area Transportation Authority.

He is very active in collegiate sports including basketball, softball, and football. He enjoys jazz music. His wife, LeAnn, resides at Garden House, and they have been married for over 58 years. They have a son, a daughter, and five grandchildren.

Welcome, Ron, to our Edenton family!

Welcome, neighbor, to Garden House!

Susan Shanahan, Life Enrichment Coordinator

A warm to **Mrs. LeAnn Guglielmino,** who moved into Room 104. LeAnn grew up in Norman, Oklahoma, and later lived in Kansas City, Missouri. LeAnn is married and has a son and a daughter.

Some interesting facts LeAnn shared about herself: she played the clarinet in high school band; she attended college at the University of Oklahoma; and, she was an office manager at a doctor's office for nine years. LeAnn likes all types of music, enjoys playing board games and card games, and loves the color turquoise.

LeAnn is a wonderful addition to our Garden House family!

"Welcome, neighbor" continues on page 4

Make-Your-Own Cards

Liz Lyles, Life Enrichment Coordinator

There is a certain magic in making your own cards. We will be exploring some simple steps and personalizing Christmas cards to make them our own.

Our plan is to spread the joy of the season as we make and send homemade cards to family and friends. Join us at Blossom Place on Tuesday, December 9 at 2:30 p.m. as we continue our month of festivities by crafting our own holiday cards.

Peggy Talks

Lisa Ambrose, Life Enrichment Director

On Thursday, December 4 at 11 a.m., Peggy Wolfson will host her second “Peggy talks.” discussion group. This month Peggy’s topic is "Landscapes You Might Like to See," such as the stunning Chinese mountains. If you missed the first group discussion, then here is your chance to check it out and participate. See you there!

Holiday Jazz Concert at FCC

Lisa Ambrose, Life Enrichment Director

Music is in the air! We will venture out to Frederick Community College on Saturday, December 13 for an evening of festive music.

Howard Burns directs this premium jazz ensemble at FCC. They will present a concert that includes both contemporary and classic holiday music. The bus will depart at 6:45 p.m.; the concert starts at 7:30 p.m. Tickets are free; transportation is $8. Sign up now and plan to attend!

Cozy Holiday Creations at Orchard Terrace

Andy Wright, Life Enrichment Coordinator

The holiday spirit is alive and thriving at Orchard Terrace! Throughout December, we’ll celebrate the season with resident holiday stories, family traditions, hot cocoa and cookies, classic Christmas movies, festive tunes, and plenty of cheer.

And, you’re invited to join us on Tuesday, December 9 at 1:30 p.m. for a DIY Christmas stocking craft—we’ll be making our very own festive, personalized stockings.

Our residents have also been teaming up with family members to design beautiful holiday wreaths for Edenton’s wreath contest. Entries are due December 5. Come experience the warmth, wonder, and joy of the holidays with us!

Jersey Day

Edenton staff members Laurie, Marie and Andy pose to show off their football team spirit!

Welcome, neighbor, to Garden House! ...continued

Susan Shanahan, Life Enrichment Coordinator

We also welcome **Mrs. Linda Jones** who now lives in Room 108. Linda moved here from Rockville, Md. She grew up in nearby Wheaton and graduated from Wheaton High School. He first job was at the Giant Food store in Wheaton. She then became a hairdresser and eventually transitioned to a homemaker after her four children were born. Linda and her husband have been married for 53 years.

Some of Linda's favorite things are listening to Motown music, taking scenic drives with her husband, and dining out at LongHorn Steakhouse. Linda enjoys art, photography, and eating carrot cake.

We are so happy to have you, Linda!

Sharing his love of music with us!

Cousin Dan played to a full house at his most recent Edenton performance, featuring a concert of classic country songs.

Welcome, neighbor, to Orchard Terrace!

Andy Wright, Life Enrichment Coordinator

Welcome **Mrs. Sue Thomas** who recently moved into Room 732! Born and raised in Frederick, Sue spent her childhood babysitting and enjoying active days playing sports with neighborhood friends. She went on to study political science and business administration at the University of Maryland. She later became the general manager at Griff's Landing, a popular downtown Frederick restaurant that used to be on Market Street near Carroll Creek, a position she loved and approached with energy and dedication for 30 years.

Sue is an adventurous traveler, a passionate gardener, and a talented cook. She created what she called "Fridge Friday," a tradition where she would prepare meals with ingredients that might otherwise go to waste and share them with neighbors, friends, and those in need—spreading warmth and kindness in her community.

Greet Sue with a warm welcome when you see her around, she's a vibrant addition to our community!

Baking Holiday Cookies

Lisa Ambrose, Life Enrichment Director

There is nothing better than the smell of fresh baked cookies! There are so many benefits to baking cookies. The process of creating something from scratch can provide a sense of accomplishment. The smell of fresh baked cookies can improve your mood. And, the aroma of cookies baking can bring back fond memories of the past. The reward is getting to eat the end result. *Yum!*

Join Fiddler's Green residents on Monday, December 8 at 2:30 p.m. as we bake a batch of cookies and some gooey brownies to enjoy!

Resident Spotlight

Andy Wright, Life Enrichment Coordinator

This month, we're thrilled to spotlight **Joanne Collins**!

A Hartford, Connecticut native, Joanne spent her childhood immersed in sports—though high school limited her to softball. She went on to earn a bachelor's degree from New Haven Connecticut Community College.

Joanne and her husband, a government chef, traveled frequently, raising three wonderful children along the way. She fondly recalls the joys of homemaking—hosting holiday gatherings, cheering on her kids at sports games, enjoying summer beach trips, and camping adventures.

Her favorite part of life has always been being a mother. Music, especially classic rock and roll, has always played an important role in Joanne's life. She and her children remember a house filled with music and shelves lined with records that kept the family entertained for hours.

While still raising her children, Joanne began a long and rewarding career as a government secretary, a role she held for more than 35 years before moving to Frederick. She cherishes her two sisters, her five grandchildren, and her beloved cat.

Family means everything to Joanne. She beams with pride when talking about her children and grandchildren, who continue to be the greatest joys in her life.

When asked why she chose Frederick she smiled and said, "I liked the farmland, the openness of this particular location. So, I decided to move here."

We are overjoyed that Joanne is now a part of our Edenton family!

Our Sincere Condolences

All of us at Edenton extend our heartfelt sympathy to the family and friends of those in our community who recently passed away.

You will be missed.

Mrs. Colleen Brewer

National Pearl Harbor Remembrance Day

Lisa Ambrose, Life Enrichment Director

National Pearl Harbor Remembrance Day is observed annually in the United States on December 7 to remember and honor the 2,403 Americans who were killed in the attack on Pearl Harbor. And act of aggressions that led to the U.S. entering World War II. This year marks the 84th anniversary of that attack.

There are several memorials in Pearl Harbor. The USS Arizona Memorial is a marble memorial placed over the sunken battleship of the USS Arizona. Other memorials are the USS Oklahoma, USS Utah and USS Bowfin.

On Saturday, December 6 at 3:30 p.m., Fiddler's Green residents will take an in-depth look at the infamous day and talk about the timeline of events that day.

A fun fact about the memorials: Did you know that Elvis Presley was a key contributor who helped get the USS Arizona Memorial in place? He held a benefit concert in 1961 that raised $64,000, and he helped renew public attention and support for the project.

Festive creations!

Residents all over campus enjoyed seasonal holiday crafting this November! Here Fay Favilla and Ann Roche residents smile with their fall-colored Thanksgiving turkeys!

Bayada presents..."Be Heart Healthy"

Michele Price, RN, Director of HomeCare

Learn about Heart Health this month with Bayada Home Health:

1. There are many forms of heart disease that can be detected through early warning signs and symptoms, such as: breathlessness with exertion or even at rest; swelling of legs, ankles, or feet; bloating of the abdomen; fatigue; irregular heartbeats; dizziness, lightheadedness, or fainting; and chest pain.
2. You can make lifestyle changes to help manage your heart disease or reduce your risk of developing heart disease. Managing stress, maintaining a healthy weight, keeping healthy dietary habits, exercising, stop smoking, and controlling your other health conditions, such as diabetes, can all help you maintain a healthier heart.

Join us on Tuesday, December 1, in the Community Room, for this month's presentation.

Tuesday, December 2 at 10 a.m.

"Be Heart Healthy"

presented by Bayada Home Health

Giving Tuesday

Susan Shanahan, Life Enrichment Coordinator

Giving Tuesday is a day dedicated to community building and showing your holiday spirit through generosity and acts of kindness. It falls on the first Tuesday after Thanksgiving. This year we celebrate Giving Tuesday on Tuesday, December 2.

The day was created as a counterpoint to the consumerism that happens on Black Friday and Cyber Monday. It started in New York City in 2012 and quickly went viral. An estimated ten million dollars was raised that first year.

Giving Tuesday isn't only about donating money to favorite charities. Volunteering, performing acts of kindness, donating blood, creating community projects, raising awareness for a cause, and donating goods or skills are also ways you can participate in Giving Tuesday.

Garden House residents will be participating in Giving Tuesday by sending notes of cheer and encouragement to residents at an assisted living facility in Frederick.

How will you celebrate Giving Tuesday?

Honoring our veterans!

A special thank you to the members of the Carrollton Manor Chapter of the Daughters of the American Revolution who led the Veterans Day Celebration at Edenton this year. DAR members are pictured above with Edenton's resident veterans after the commemoration event.

Edenton's Official Tree Lighting is December 1st!

Edenton ushers in the holiday season the month with Edenton's Annual Tree Lighting! Join us on Monday, December 1, after dinner in the Garden of Eden Restaurant, for the celebration. We start with our tree lighting ceremony, and then the 2026 mayor is announced. For a special musical treat, the Clustered Spires Sweet Adelines return and will sing some of our favorite carols. Mark your calendars and join the fun!

Resident & Family Wreath Contest Entries Due December 5th

Lisa Ambrose, Life Enrichment Director

Residents and family members are invited to enter this year's Holiday Wreath Decorating Contest! Use any style wreath and any décor you like. But please, no fresh decorations or live wreaths. Many residents have been getting creative, and we are all looking forward to seeing this year's entries on display! Please deliver your wreath to any Life Enrichment Coordinator or deliver it to the Manor House by Thursday, December 4 to be entered in the contest.

Please vote for your favorite! All wreaths will be on display in the Manor House for voting from Monday, December 8 through Friday, December 12 .

Winners will be announced on Monday, December 15. And, prizes will be awarded, based on votes received, for 1st, 2nd and 3rd place.

2026 Annual Edenton Calendar Revealed

On Tuesday, November 18, the 2026 annual Edenton calendar was revealed to residents, family members and guests. This is the ninth year that Edenton has produced a calendar for our campus. This fun and inclusive project involves the residents and staff in creating recognizable images. In years past, we have used movie moments, famous artwork, and musicals as our theme. We were even able to keep it going during the pandemic by featuring residents' personal artwork and a series of superhero images.

This year, we recreated popular music album covers. Artists such as Patsy Kline, the Beach Boys, Cyndi Lauper and Supertramp are just a few of the thirteen images featured this year.

Calendars are available and can now be picked up from the main office in the Manor House. Calendars are free, but we do ask those who would like a calendar to consider making a donation to Advocates for Aging of Frederick County.