EDENTON **Independent Living at Edenton** **August 2024**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 10:00 Coffee Klatch 10:30 Discussion Group 3:00 BINGO! $2.75	**2** 10:00 Pokeno Fun w/Noah 2:00 Games w/Friends (Self-Led)	**3** 1:30 Olympic Style Corn Hole Contest w/Lisa
4 **2:00 Worship Service in Chapel** 	**5** 9:00 Yoga w/Millette 11:15 Music Makers 1:30 BINGO! $5 3:15 Olympic Trivia w/Lisa 	**6** 10:00 BAYADA TALK – Mental Health and Wellness 2:00 One Day University – Ancient Egypt's King Tut: Understanding Our Obsession 	**7 Beauty Shop** 9:00 Yoga w/Millette 10:00 Grocery Shopping $8 Food Lion **1:30 Wellness Clinic** 1:30 Lifetime Singers in Chapel 3:30 Tai Chi	**8 Happy Birthday!** **Bobby Virtue** 10:00 Coffee Klatch 10:30 Discussion Group 3:00 BINGO! $2.75	**9 Happy Birthday!** **Gary Gardner** **Marie Murto** **JAMAICAN NIGHT** 9 :00 Yoga w/Millette 1:00 Poetry w/Peggy in the Gazebo **3:00 Resident Council**	**10 Happy Birthday!** **Mary Ellen Preissler** 1:30 Saturday Afternoon Entertainment w/ "The Force Band" 5:00 Leave for Frederick Keys Baseball game – (Game starts at 6:00 $8 for Transport **(ONLY 12 TICKETS AVAILBLE)**
11 **2:00 No Worship Service in Chapel** **7:00 pm Gather together to Watch the Olympic Closing Ceremony in Manor House** 	**12** 9:00 Yoga w/Millette 11:15 Music Makers **1:00 Bookmobile** 1:30 BINGO! $5	**13** **10 :30 Catholic Communion Service in Chapel** **1:30 Wellness Clinic** 2 :00 One Day University - Inventing Broadcasting: The Early History of Radio 3:15 Bills Trivia	**14 Beauty Shop** **Happy Birthday!** **Garry Smith** 9:00 Yoga w/Millette 10:00 Grocery Shopping $8 Giant 1:30 Get Moving w/Jennifer Howard from Home Watch Care Givers 3:30 Tai Chi	**15** 9:00 Coffee Klatch 10:30 Discussion Group 1:00 Arts & Crafts - Wooden Door Decor 3:00 BINGO! $2.75	**16 Happy Birthday!** **Ruth Strasburger** 9:00 Yoga w/Millette 11:15 Out to Lunch - $8 Miyakos 	**17** 1:30 Monthly Birthday Celebration

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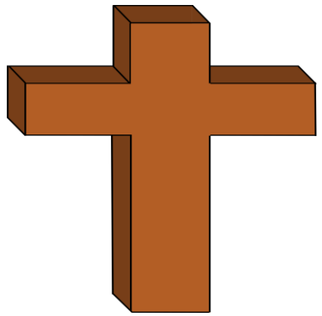
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18 **2:00 Worship Service in Chapel** 	**19** 9:00 Yoga w/Millette **10:00 Walmart $8** 11:15 Music Makers 1:30 BINGO! $5 	**20** 11:00 Info/Support for Memory Loss 2:00 One Day University – Peggy Guggenheim: Her Life and Legacy 3:00 History Club 	**21 Beauty Shop** **Happy Birthday!** **Marilyn Johnson-Lang** **Senior Citizen Day** 9:00 Yoga w/Millette 10:00 Grocery Shopping $8 Food Lion **1:30 Wellness Clinic** 1:30 Lifetime Singers in Chapel 1:30 – 3:00 Ice Cream on the Restaurant Patio 3:30 Tai Chi	**22** 10:00 Coffee Klatch 10:30 Discussion Group **3:00 Book Club** 3:00 BINGO! $2.75	**23** 9:00 Yoga w/Millette 1:00 Movie and a Snack "Cat on a Hot Tin Roof" 	**24** 10:00 Wii w/ Liz 1:30 Happy Hour
25 **2:00 Worship Service in Chapel** 	**26** 9:00 Yoga w/Millette 11:15 Music Makers **1:00 Bookmobile** 1:00 BINGO! $5	**27** **10:00 Veterans Coffee Hour** **12:30 Caregiver Support Group – MH** 2:00 One Day University – Picking Popes: History of Electing the Catholic Church Leader 3:15 Bill's Trivia	**28 Happy Birthday!** **Anne Skelley** 9:00 Yoga w/Millette 10:00 Grocery Shopping $8 Giant **1:30 Wellness Clinic** 1:30 Lifetime Singers in Chapel 3:30 Tai Chi	**29 Happy Birthday!** **Michael Waters** 10:00 Coffee Klatch 10:30 Discussion Group 1:00 Watercolors 3:00 BINGO! $2.75	**30 Happy Birthday!** **Laurie James** 9:00 Yoga w/Millette 11:15 Out to Lunch - $8 Chilis 	**31** 2:00 Corn Hole Challenge

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