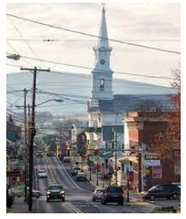
Independent Living **DAYS OF FUN AND FANTASY** **August 2023**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Happy Birthday Richard Hershey! 9:00 Exercise w/Jen 11:00 Bayada – Growing Older, Staying Healthy 2:00 One Day University – "Wright Brothers, The Race to Be First" 	**2 Beauty Shop** 9:00 Yoga w/Jen 10:00 Grocery Shopping $8 Giant **1:30 Wellness Clinic** 1:30 Lifetime Singers in Chapel 3:30 Tai Chi w/Andy 	**3** 9:00 Exercise w/Jen 10:00 Coffee Klatch 10:30 Group Discussion 3:30 BINGO $2.75 6:00 Ghost Hounds Baseball Game (limited tickets) Must sign up at Front Office $8 transportation 	**4** 11:15 Music Makers w/Jen 1:30 Monthly Birthday Party 	**5** 1:30 Let's Play Wii
6 2:00 Worship Service in Chapel 	**7** 1:30 Bingo $5 3:00 Resident Council Meeting 	**8 Happy Birthday Bobby Virtue!** 9:00 Exercise w/Jen 11:30 Music Makers w/Jen **1:30 Wellness Clinic** 2:00 One Day University – Women of Civil War 	**9 Beauty Shop** **Happy Birthday Gary Gardner** 9:00 Yoga w/Jen 10:00 Grocery Shopping $8 Food Lion 1:30 Lifetime Singers in Chapel 3:30 Tai Chi w/Andy 	**10 Happy Birthday Mary Ellen Preissler!!** **Dr Lorna Wolfe - Podiatrist** 9:00 Exercise w/Jen 10:00 Coffee Klatch 10:30 Group Discussion 3:30 BINGO $2.75 	**11** 11:15 Music Makers w/Jen 11:15 Out to Lunch $8 "Olive Garden" 	**12 Happy Birthday Marie Murto!!** **Anil Rabuk!!** 1:30 Demille Clark Student Recital in Chapel
13 2:00 Worship Service in Chapel 	**14 Happy Birthday John Hovde!!** 10:00 Walmart $8 11:15 Music Makers w/Jen **1:00 Bookmobile** 1:30 Bingo $5 3:00 One Day University – Extra Ordinary History and Legacy of the White House" 	**15** 9:00 Exercise w/Jen 11:30 Music Makers w/Jen 12:45 Van outing to Zion Lutheran Church for History Lesson $8 	**16 Beauty Shop** **Happy Birthday Ruth Strasburger!!** 9:00 Yoga w/Jen 10:00 Grocery Shopping $8 Giant 1:30 Lifetime Singers in Chapel **1:30 Wellness Clinic** 3:30 Tai Chi w/Andy 	**17** 9:00 Exercise w/Jen 10:00 Coffee Klatch 10:30 Group Discussion 3:00 Book Club Meeting 3:30 BINGO $2.75 	**18** 11:15 Music Makers w/Jen 11:15 Out to Lunch $8 Dutch's Daughter 	**19** 1:30 "Beat the Heat" Happy Hour

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 2:00 Worship Service in Chapel 	**21** 11:15 Music Makers w/Jen 1:30 Bingo $5 	**22** 9:00 Exercise w/Jen 11:30 Music Makers w/Jen 2:00 One Day University – "Louis Armstrong: The Man Behind the Trumpet" 	**23 Beauty Shop** 9:00 Yoga w/Jen 10:00 Grocery Shopping $8 Food Lion 1:30 Lifetime Singers in Chapel **1:30 Wellness Clinic** 3:30 Tai Chi w/Andy 	**24** 9:00 Exercise w/Jen 10:00 Coffee Klatch 10:30 Group Discussion 2:00 History Club 3:30 BINGO $2.75 	**25** 11:15 Music Makers w/Jen 1:00 Watercolor w/Andy 	**26** 2:00 Cornhole
27 Happy Birthday Daniella Manchester 2:00 Worship Service in Chapel 	**28 Happy Birthday Anne Skelley!!** 9:00 Let's Walk Together **1:00 Bookmobile** 1:30 Bingo $5 	**29** 9:00 Exercise w/Jen 11:30 Music Makers w/Jen 2:00 One Day University – "Age of Misinformation" 	**30 Happy Birthday Laurie James!!** 9:00 Yoga w/Jen 10:00 Grocery Shopping $8 Giant 1:30 Lifetime Singers in Chapel 3:30 Tai Chi w/Andy 	**31 Happy Birthday Tara Morgan!!** 9:00 Exercise w/Jen 10:00 Coffee Klatch 10:30 Group Discussion 3:30 BINGO $2.75 		

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