MENU FOR MAY 2023 IN THE GARDEN OF EDEN RESTAURANT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 **Lunch** Hamburger on Roll **Dinner** Stuff Shells **Or** Beef Stew	**2** **Lunch** Ham & Cheese **Dinner** Turkey Divan **Or** Beef & Broccoli Stir Fry	**3** **Lunch** Tuna Salad Sandwich **Dinner** Smoked Porch Chops **Or** Creamed Chip Beef Over Biscuits	**4** **Lunch** Chicken Patty on Whole Wheat **Dinner** Oven Fried Chicken **Or** Stuffed Peppers	**5** **Lunch** Pork BBQ on White **Dinner** Salisbury Steak **Or** Parmesan Baked Fish	**6** **Lunch** Pizza **Dinner** Cabbage Rolls **Or** Honey Glazed Ham
7 **Lunch** Italian Cold Cut Subs **Dinner** Roast Turkey with Dressing **Or** Grilled Fish	**8** **Lunch** Bologna and Cheese On White **Dinner** Vegetable Lasagna **Or** Ham, Potato, and Leek Casserole	**9** **Lunch** Sloppy Joe on a Roll **Dinner** Chicken Parmesan **Or** Salmon Steak with Brown Sugar and Pecans	**10** **Lunch** Chicken Salad **Dinner** Meatloaf **Or** Vegetable Quiche	**11** **Lunch** Chicken Strips **Dinner** Sweet & Sour Pork **Or** Turkey Cutlet with Sauteed Mushrooms	**12** **Lunch** Filet of Fish on a Roll **Dinner** Baked Scallops **Or** Fettuccine Alfredo	**13** **Lunch** Ham & Swiss on Rye **Dinner** BBQ Chicken **Or** Pepper Steak
14 **Lunch** Turkey and Cheese on Whole Wheat **Dinner** Yankee Pot Roast **Or** Baked Chicken	**15** **Lunch** BBQ Pork on a Roll **Dinner** Teriyaki Beef over Rice **Or** Glazed Apple Pork Loin	**16** **Lunch** Pizza **Dinner** Salmon in Lemon & Butter **Or** Chicken Marsala	**17** **Lunch** Ham w/lettuce **Dinner** Hot Roast Beef Sandwich **Or** Eggplant Parmesan	**18** **Lunch** Hot Dog on a Bun **Dinner** Spaghetti with Sauce **Or** Cabbage Rolls	**19** **Lunch** Sliced Chicken Breast On a Roll **Dinner** Cheeseburger **Or** Lemon Baked Fish	**20** **Lunch** Tuna Salad on Wheat **Dinner** Porcupine Meatballs **Or** Ravioli

* Please note: Low-fat salad dressings and low-fat menu items are available every evening; Baked Chicken, Salmon, Vegetable Plate, Steak Burger, Turkey Burger or Garden Burger, Chef Salad, Cobb Salad, Baked Potato, Baked Sweet Potato, Brown Rice and Seasonal Plate. This symbol denotes low-fat menu items.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
21 **Lunch** Chicken Salad on White **Dinner** Oven Roasted Chicken **Or** Glazed Ham	**22** **Lunch** Meatball Sub **Dinner** Liver & Onions **Or** Baked Fish	**23** **Lunch** Hamburger on a Roll **Dinner** Beef Tips with Gravy **Or** Pizza Quiche	**24** **Lunch** Rueben Sandwich **Dinner** Lasagna **Or** Shrimp & Pea Pod Stir Fry	**25** **Lunch** BLT on White **Dinner** Chicken & Dumplings **Or** Salisbury Steak	**26** **Lunch** Tuna Salad on Wheat **Dinner** Steamed Shrimp **Or** Grilled Chicken with Mushroom Gravy	**27** **Lunch** Hot Ham and Cheese On Rye **Dinner** Beef Pepper Steak **Or** Knockwurst & Saurkraut
28 **Lunch** Sliced Turkey on Whole Wheat **Dinner** Baked Stuffed Chicken Breast **Or** Baked Salmon	**29 Memorial Day** **Lunch** Chicken Breast with Lettuce **Dinner** Hot Dog **Or** Hamburger	**30** **Lunch** Cold Cut Subs **Dinner** Swiss Steak **Or** Three Cheese Quiche	**31** **Lunch** Tuna Salad on Wheat **Dinner** Chicken Tenders **Or** Sausage with Sauteed Peppers & Onions			

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