"Highlights" **GARDEN HOUSE ACTIVITY CALENDAR** **September 2022**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 10:00 Music Therapy in the Sunroom 11:00 Bird Watching 1:30 Yahtzee 2:30 Snacks 3:00 Reading Circle 4:00 Puzzles 6:00 Walking Club	**2** 9:30 Stretch & Strengthen 10:30 Uno Cards 1:30 Friday Bingo with Marie & Julie 2:30 Friend to Friend 3:00 Rummikub Club	**3** 10:00 Saturday Morning Chit Chat with Friends 1:00 Word Finds 3:00 Classic TV Viewing
4 2:00 Worship Service	**5 Labor Day** 10:00 Chit Chat with Friends 11:00 Soothing Music for the Soul 2:30 One on One	**6** 9:30 Morning Greetings (*Marie with IL)* 10:30 Word Finds 1:30 Time Well Spent with Chaplain Keegan 2:30 Color the World 3:00 Visits with Julie	**7 (*Marie Off*)** **Beauty Shop** 10:00 Music Therapy in the Sunroom **1:30 Wellness Appts.** 1:30 Afternoon Activities with Cherita 2:30 Snacks 4:00 What's Trending 4:00 Ball Toss	**8** 10:00 Table-Top Fun 11:00 Friend to Friend **1:30 The Changes September Brings** 2:30 Apple Slices with Peanut Butter 3:00 Yahtzee 6:00 Walking Club	**9** 9:30 Fitnessize 10:30 News, Views, & Dear Annie 11:00 *Marie with IL* 1:30 One on One with Julie 2:00 Bingo 3:00 Rummikub Gang	**10** 9:30 Thought for the Day 10:30 Spill & Spell 1:30 Shake Loose a Memory 2:30 Ice Cream for All! 3:00 Afternoon Stretch
11 2:00 Worship Service	**12 Defenders Day** 9:30 *Marie with IL* 10:15 Move & Groove with Jennifer 11:00 Friend to Friend **1:00 Bookmobile** 1:30 Reminisce – Good Old School Days 2:30 Milk & Cookies Break 3:00 Kings in the Corner	**13** 9:30 Sit & Be Fit 10:30 Balloon Toss **1:30 Wellness Appts.** 1:30 Spiritual Time with Chaplain Keegan 2:30 Pokeno 3:00 Puzzle Mania with Pals	**14** **Beauty Shop** **9:00 National Crème Filled Donut Day! Let's Celebrate!** 10:15 Zumba with Jennifer 1:30 Card Draw 2:30 Snacks 3:00 Adult Coloring Fun	**15 Happy Birthday Roselee Jackson!!** 9:30 Good News, Views, & Dear Annie 10:30 Roll the Dice! 1:00 *Marie with IL* 1:30 Fun with Cherita 3:00 Yahtzee with Friends 6:00 Walking Club	**16 (*Marie Off*)** 9:30 Exercise 10:30 Word Games 11:00 Ball Toss 1:30 Bingo with Cherita & Julie 2:30 Snacks 3:00 Visits with Friends	**17** 10:00 Table-Top Fun 11:00 Chit Chat with Pals 2:00 Classic TV Viewing

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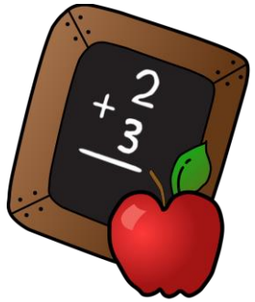
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18 2:00 Worship Service	**19 (***Marie Off***)** 10:15 Garden House Band with Jennifer 11:00 One on One 1:30 Activities with Hannah 3:00 Word Finds	**20** 9:30 Music Therapy in the Sunroom (*Marie with IL)* 10:30 Chit Chat with Pals 1:30 Time Well Spent with Chaplain Keegan 2:30 Pokeno 3:00 Puzzle Manie	**21** **Beauty Shop** 9:30 Wednesday Morning Greetings 10:15 Zumba with Jennifer 11:15 Ring Toss **1:30 Wellness Appts.** 1:30 Card Draw 2:30 Snacks 3:00 Aromatherapy	**22** **First Day of Fall** 10:00 Table-Top Fun **1:30 Fall is in the Air!** 2:30 Seasonal Treats 3:00 Opposites Game 4:00 Password 6:00 Walking Club	**23** 9:30 Friday Morning Good News, Views, & Dear Annie 10:00 Fitnessize 11:00 *Marie with IL* 1:30 Visits with Julie 2:00 Bingo 3:00 Rummikub	**24** **9:30 Resident Council Meeting** 10:00 Sit & Be Fit 11:00 Friend to Friend 1:30 Let's Explore the Outdoors 2:30 Ice Cream Break 3:00 Staying Current
25 2:00 Worship Service	**26** **Rosh Hashanah** 9:30 *Marie with IL* 10:15 Exercise with Jen 11:00 One on One **1:00 Bookmobile** 1:30 Crafts – Let's Create 2:30 Snack Break 3:00 Relaxation Sessions	**27** 9:30 Bird Watching 10:00 Checkers Anyone? *(Marie @ Fiddler's Green)* 1:30 Life Enrichment with Chaplain Keegan 2:30 Pokeno 4:00 Visits with Julie	**28** **Beauty Shop** 9:30 Morning Greetings 10:15 Zumba with Jennifer 11:15 Ball Toss **1:30 Wellness Appts.** 1:30 Trivia Fun 2:30 Snacks 3:00 Color the World	**29** 10:00 Music Therapy in the Sunroom 1:30 Yahtzee with Friends 2:30 Muffin Break 3:00 Reading Circle 4:00 Parcheesi 6:00 Walking Club	**30** 9:30 Good Friday Morning & Greetings 10:00 Spill & Spell 11:00 Uno Cards 1:30 Bingo 2:30 One on One with Julie 3:00 Rummikub Club	



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