



# applestalk

## Spiritual Care Initiatives

*Chaplain Thérèse Keegan*

***The Bookmobile's Scheduled Visits Return to Mondays***  
**Beginning Monday, June 6, the Frederick County Public Library's Bookmobile will return to the pre-COVID schedule and will visit Edenton's campus every other Monday at 1 p.m.**

### **Special Experience: The Sacred Labyrinth — June 1 & 8 at 2 p.m.**

Join Chaplain Thérèse for an exploration of the ancient practice of walking a labyrinth. A labyrinth has a single path winding toward the center and is a meditative tool often used to confer a sense of clarity, peace, and serenity. We will learn more about this healing practice and walk a portable labyrinth laid out on the Chapel floor to experience its benefits. Come to one or both sessions—let's find balance together.

### **Lifetime Singers — June 18, 22 & 29 at 2 p.m. in the Chapel**

The Lifetime Singers bring comfort, delight, and the healing power of music to individuals or groups in our community. The selected musical offerings are not focused on performance or virtuosity, but rather a gently engaging soundscape intended to create a state of harmony in the listener.

Among the benefits of the experience are relaxation, reduced anxiety, and an increased sense of wellbeing and connection to self. The same benefits accrue to the singers, both during weekly rehearsal and as they sing for others. Anyone who likes to sing is welcome to join the group! No experience or special skills required. We will learn new and old songs together, exploring simple harmonies and rounds.

## ASL at Orchard Terrace

*Chaplain Thérèse Keegan*

Join us on Wednesdays at 1:15 p.m. to learn the fifth most common language in the U.S.: American Sign Language. Chaplain Thérèse will host this introduction to ASL, familiarizing us with basic signs and interpretation of simple songs and expressions. Not only is learning a second language good for your brain, it's also a great way to expand your communication skills. This is especially true for sign language, so come get smart and have fun! The sessions are also open to residents in Independent Living. Questions? Call Chaplain Thérèse at 301-694-3100 x141.

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## Welcome, Neighbor to Edenton

*Lisa Ambrose, Life Enrichment Director*

We welcome **Mrs. Harriet Sampieri** to Apartment 525. Harriet was born and raised in Detroit, Michigan. She was the only girl in her family, having had three brothers. She married her husband, Wayne, and had five children. She is the proud grandmother to 18 grandchildren and 13 great-grandchildren. Her husband was in the Air Force, so she spent 25 years as a military wife traveling all over the United States. They lived in Germantown, Md., then retired to North Carolina where they lived for 16 years. She recently moved back to Maryland to be near her family.

Harriet enjoys doing needlework, reading, traveling and country music. Her most recent trip was in May to Disney World. She also enjoys volunteering, and she volunteered for many years for the Disabled Veterans Organization.

Welcome, Harriet, to our Edenton family.

## Welcome, Neighbor to Blossom Place

*Hannah Weis, Life Enrichment Coordinator*

A warm welcome is extended to **Mrs. Mary Sue Hudson**, who recently moved into Room 206. Mary Sue hails from Tazewell, Virginia. Throughout her life she has been a homemaker, Avon sales woman, and jewelry store employee. In her spare time she enjoys eating vanilla ice cream with chocolate syrup, knitting, and going for walks. We are thrilled to have her as part of our community.

Welcome to our family, Mary Sue!

## Johnny Strum: Stories & Songs

*Hannah Weis, Life Enrichment Coordinator*

Music has a prominent role in the everyday life of many people. Whether it is for recreation, distraction, or mood enhancement, a lot of people listen to music from early in the morning until late at night, especially since the invention of radio and recordings.

Some studies even support the idea that music can improve memory for those who have major neurocognitive disorders. That is why we are thrilled to have yet another live performer coming to Blossom Place and Garden House each month! Troubadour Johnny Strum will be stopping by every month with his instrument in hand and many stories to share.

We are eager to listen and maybe share some stories ourselves! It is always fun to share a few stories and songs with friends.

### Page Turner's Book Club

This month's book is *The Girl Who Wrote in Silk*, by Kelli Estes.

Inara Erickson is captivated by an elaborately stitched piece of fabric that dates back to 1886 hidden in her aunt's island estate. As she uncovers the secrets the sleeve holds, a tragic truth is revealed that will shake her family to its core.

Join us for the book's discussion on Thursday, June 23 at 3 p.m. in the library.

# Happy Father's Day

June 2022

Marie O'Callaghan, Life Enrichment Coordinator

A Dad is someone who holds you, when you cry, scolds you when you break the rules, shines with pride when you succeed, and has faith in you even when you fail.... The imprint of a Father remains forever in our hearts! Here at Garden House we'll be celebrating Father's Day on Friday, June 17. We'll reminisce about the men who have been a very special part of our lives. It will be a wonderful time to recall how much they have added over the years. Happy Father's Day!

## Exploring History.

Independent Residents were recently treated to a wonderful tour and presentation at the National Monocacy Battlefield.



## Live Entertainment

Lisa Ambrose, Life Enrichment Director

We are pleased to announce that we have our community's first live entertainment event for 2022 planned. On Thursday, June 16 at 1:30 p.m., our talented friend, Mark Hanak, will be performing his show, *Hooray for Hollywood*, in the Garden of Eden Restaurant. We have missed live music and are really looking forward to this performance. Mark your calendars and make plans to attend!

## National Pen Pal Day

Andy Wright, Life Enrichment Coordinator

This month, both Fiddler's Green and Orchard Terrace are celebrating National Pen Pal Day on Wednesday, June 1! We have been writing to our pen pals around the states and will be sending them a special note to let them know how appreciated they are. Oh, how wonderful to have friends around the United States.

## Time for Banana Splits

Marie O'Callaghan, Life Enrichment Coordinator

Ice cream always hits the spot especially on a warm summer day. On Monday, June 6 at Garden House we'll have some fun creating one of our favorite ice cream treats....banana splits. Make it to your liking with favorite toppings. There'll be plenty to choose from, just like a regular ice cream parlor! Topped with chocolate, strawberry, pineapple, caramel, and of course crowned with whipped cream, nuts and cherry on top. Oh...that sounds wonderful! A yummy treat for all!

## The Original Drive-in Theater

Andy Wright, Life Enrichment Coordinator

In Camden, New Jersey, in 1933, Richard Hollingshead decided that the go-go-go car loving world needed another car-related activity. On June 6, Richard opened the first drive-in theater experiment, showing the British comedy *Wives Beware*. For 25 cents per vehicle plus 25 cents per person, you could drive up, park beneath the stars and kick back to watch a film. We're celebrating on Monday, June 6, with our own version of a drive-in movie!

Hollingshead came up with the idea to address a recurring problem; his mother was on the larger side, too large, Hollingshead said, for theater seats. So, he put her in a car, threw a 1928 projector on the hood, and tied two sheets to the trees in his yard. Richard kept experimenting until he finally patented his concept in 1933. However, drive-in theaters didn't take off until the 1940s, when in-car speakers were invented. In the 1950s drive-ins peaked in popularity, with over 4,000 open across the U.S. The downsides? It had to be dark to show a movie outside and you needed more land for your outdoor theater. Indoor theaters needed less space and could run several showings throughout the daytime, too. Most drive-ins ultimately closed, but there are still over 400 open across the U.S. So, you still have the chance to experience Richard Hollingshead's entertaining idea.



In May, residents on our campus enjoyed planting flowers and herbs while soaking up some sun.

## National Pink Day

Lisa Ambrose, Life Enrichment Director

We're celebrating National Pink Day at Fiddler's Green on June 23 with a PINK PARTY! The term was coined in the 17th century by a botanist to refer to a flower with ruffled edges. The color and flower name eventually became synonymous (and that descriptor for ruffled edges is also how we got the name for pinking shears, too). Pink is often linked with happiness, children, and light-heartedness. People also connect the color pink with compassion and care. Join us later this month as we celebrate all things pink.

## National Fragrance Month

Hannah Weis, Life Enrichment Coordinator

A flower, fresh cut grass, freshly brewed coffee (my favorite), or even the smell of peppermint can trigger a memory or simply bring a smile to someone's face. That is why Blossom Place plans on spending time this month enjoying aromatherapy using essential oils and outdoor fun. For Blossom Place residents it's the little things that make a big difference and bring joy to each day. If you enjoy the same, do yourself a favor. Take a walk outside or get out your essential oil diffuser. You won't regret it!

# Resident Spotlight

June 2022

Lisa Ambrose, Life Enrichment Director

This month's spotlight shines on Fiddler's Green resident **Jeanette Patterson**. Jeanette was born and raised and Rocky Mount, North Carolina. Jeanette has one sister whom she is very close to.

Jeanette attended East Carolina University and completed a two-year business course. She worked at the Social Security office after graduation. She married her high school sweetheart, Robert "Bobby" Patterson, on August 13, 1961. They had three children: two girls and one boy. They lived in Vinton, Virginia, and raised their family there.

Jeanette was a stay-at-home mom, which kept her very busy. Bobby was a high school principal for 34 years and they got to travel around the country attending conferences.

One memorable trip was to California where they took the whole fami-

ly along. They also took many family vacations to the beach, their favorite spot.

Jeanette loved to sew and made many quilted jumpers for her daughters. She enjoyed volunteering and was active at her church. Any activities that her kids were involved in, Jeanette was right there to support them.

Jeanette is very proud of her family and enjoys spending time with them, including her four grandchildren, whenever possible. Jeanette still stays active attending activities here at Fiddler's Green and visiting with family and friends. Her schedule is very busy she says.

We are happy to have Jeanette as part of our Edenton family.



Residents enjoyed mocktails at Cinco de Mayo celebrations last month. Cheers!

## *Our Sincere Condolences*

All of us at Edenton extend our heartfelt sympathy to the family and friends of those in our community who recently passed away.

*You will be missed.*

**Mr. Paul Feys**

**Mrs. Jean VanSant**



# Independent Living is Hitting the Road This Month

Lisa Ambrose, Life Enrichment Director

This month independent residents will be hitting the road...again!

Grocery shopping to Giant every Monday, and the van leaves at 9:30 a.m. (Transportation is \$8.)

Wal-Mart shopping will be on Thursday, June 9. The van departs at 1 p.m. (Transportation is \$8.)

Out-To-Lunch Bunch this month happens twice! On Friday, June 10, we're heading to Mission BBQ. On Friday, June 24 we'll lunch at Casa Rico. Van leaves for both outings at 11:15 a.m. (Transportation is \$8.)

Please sign up in advance.

On Saturday, June 25, we have a special historic outing scheduled to Schifferstadt Architectural Museum, one of Frederick's oldest and most visible landmarks. The van will leave at 1:30 p.m. Docents will be available to explain the house's significance and show us around the house and gardens. Admission is \$8 and transportation is \$6. Please sign up in advance to save your seat.

Finally, on Thursday, June 30, we will be venturing off to Harry Grove Stadium to see the Frederick Keys play ball. The van leaves at 6 p.m. and food will be provided. (Transportation is \$8.) Please sign up in advance as there are a limited number of suite tickets available for this game.

Hope you'll mark your calendars and make plans to join in for some of these fun trips.



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