MENU FOR MAY 2022 IN THE GARDEN OF EDEN RESTAURANT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **Lunch** Sliced Turkey on Wheat **Dinner** Baked Stuffed Chicken Breast **Or** Baked Salmon	**2** **Lunch** Chicken Breast with Lettuce **Dinner** Beef Burgundy **Or** Breaded Sea Strips	**3** **Lunch** Cold Cut Sub **Dinner** Swiss Steak **Or** Three Cheese Quiche	**4** **Lunch** Egg Salad on Wheat **Dinner** Chicken Tenders **Or** Sausage with Sauteed Peppers & Onions	**5** **Lunch** Sliced Ham on White **Dinner** Hungarian Goulash **Or** Lime Marinated Chicken Breast	**6** **Lunch** Bologna and Cheese Sandwich **Dinner** Lemon Baked Cod **Or** Chicken with Wine Sauce	**7** **Lunch** Chicken Salad on a Bed of Lettuce **Dinner** Tuscan Roasted Pork **Or** Creamed Chip Beef Over Biscuits
8 **Lunch** Smoked Turkey Sandwich **Dinner** Cider Glazed Ham **Or** Roast Chicken	**9** **Lunch** Ham and Swiss on Wheat **Dinner** Meatloaf **Or** Salmon Cakes	**10** **Lunch** Chicken Salad **Dinner** Hot Turkey Sandwich **Or** Oven Fried Chicken	**11** **Lunch** Fish Patty on a Roll **Dinner** Lamb Stew **Or** Chicken Wings and Potato Wedges	**12** **Lunch** Sliced Roast Beef With Lettuce & Tomato **Dinner** Manicotti **Or** Memphis BBQ Chicken	**13** **Lunch** Chicken Salad on Wheat **Dinner** Chicken Cordon Bleu **Or** Buttered Cod	**14** **Lunch** Hot Dog on a Bun **Dinner** Chili **Or** Ham, Cabbage, And Potatoes
15 **Lunch** Tuna Melt **Dinner** Yankee Pot Roast **Or** Rosemary Roast Chicken	**16** **Lunch** Ham and Cheese On a Croissant **Dinner** Chicken Stuffed with Broccoli **Or** Beef Ravioli	**17** **Lunch** Sliced Turkey on White **Dinner** Baked Fish **Or** Country Fried Steak	**18** **Lunch** Chicken Wrap **Dinner** Spaghetti and Meatballs **Or** Chicken-a-la-King over Rice	**19** **Lunch** BLT on White **Dinner** Hot Roast Beef Sandwich **Or** Quiche Lorraine	**20** **Lunch** Egg Salad on Wheat **Dinner** Shrimp Scampi **Or** BBQ Chicken	**21** **Lunch** Hamburger on a Roll **Dinner** Beef Ragout **Or** Pasta Primavera

* Please note: Low-fat salad dressings and low-fat menu items are available every evening; Baked Chicken, Salmon, Vegetable Plate, Steak Burger, Turkey Burger or Garden Burger, Chef Salad, Cobb Salad, Baked Potato, Baked Sweet Potato, Brown Rice and Seasonal Plate. This symbol denotes low-fat menu items.

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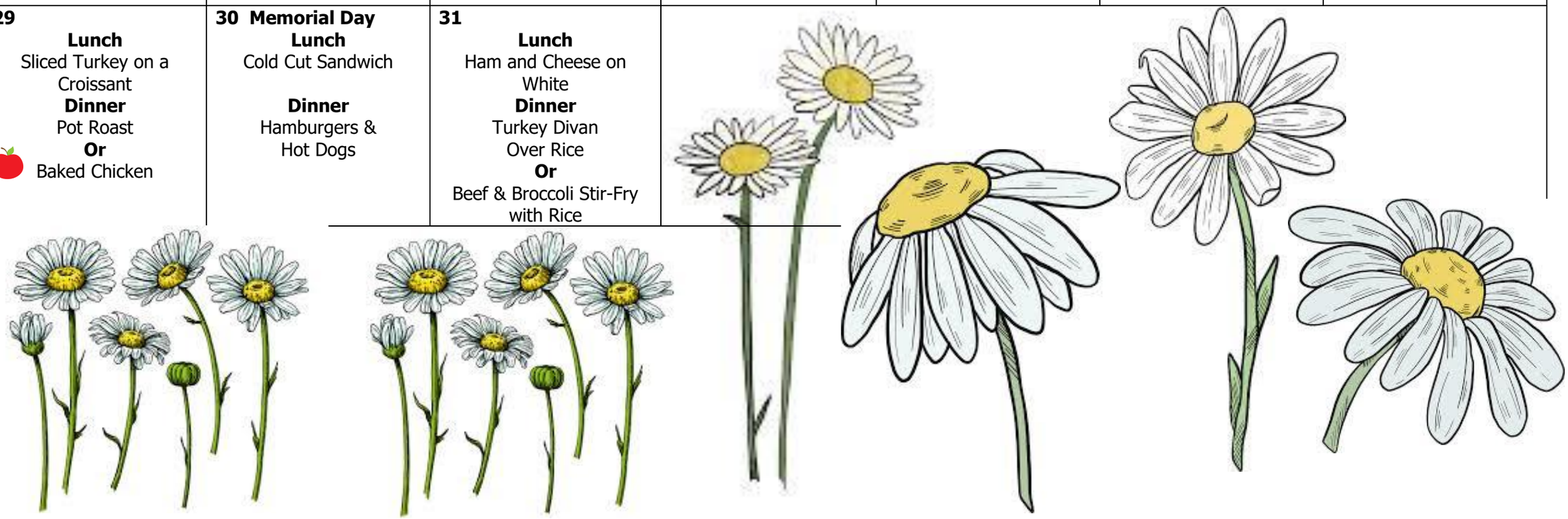
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22 **Lunch** Bologna and Cheese On White **Dinner** Lamb Roast **Or** Baked Chicken	**23** **Lunch** Chicken Salad on Lettuce **Dinner** Eggplant Parmesan **Or** Beef Stroganoff	**24** **Lunch** Sliced Roast Beef With Cheese on Rye **Dinner** Roast Pork with Gravy **Or** Liver and Onions	**25** **Lunch** Chicken Breast on a Bun **Dinner** Tilapia Creole **Or** Vegetable Quiche	**26** **Lunch** Hot Dog on a Bun **Dinner** Shepherd's Pie **Or** Baked Fish	**27** **Lunch** Sliced Grilled Ham and Cheese on White **Dinner** Country Spareribs **Or** Lemon Chicken	**28** **Lunch** Philly Cheese Steak **Dinner** Crispy Turkey Bake **Or** Beef Lasagna
29 **Lunch** Sliced Turkey on a Croissant **Dinner** Pot Roast **Or** Baked Chicken	**30 Memorial Day** **Lunch** Cold Cut Sandwich **Dinner** Hamburgers & Hot Dogs	**31** **Lunch** Ham and Cheese on White **Dinner** Turkey Divan Over Rice **Or** Beef & Broccoli Stir-Fry with Rice				



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