applestalk

Pfizer Booster Shots

MARK YOUR CALENDARS FOR OCTOBER 26

Residents and staff who received the Pfizer two-vaccine series for COVID-19 are eligible to receive a booster. Whitesell Pharmacy will be on campus to provide booster shots the last Tuesday of this month. As we get closer to the date, forms will be made available and we'll collect your information in advance.

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National Hero Day

Lisa Ambrose, Life Enrichment Director

October 8 is National Hero Day. This day honors the people we look up to. Our heroes inspire us to be the best people we can possibly be.

The definition of hero is, "a person who is admired for courage, outstanding achievements or noble qualities." Heroes are all around us whether they wear uniforms, hard hats or are just ordinary, everyday people. Heroes come in many forms. They may be a family member or a friend, military personnel, a first responder, teacher, nurse, or doctor just to name a few.

On this year's Friday celebration, we will pause and reflect on some heroes from history. We will also share our own thoughts of who heroes are to us in our own lives and how they have impacted us.

And we want to send out a sincere "Thank you!" to the heroes that we are surrounded by who help make our lives better. You are appreciated!

Annual Flu Vaccines

On Thursday, October 7, annual flu vaccines will be provided by Whitesell Pharmacy on our campus for residents and staff. Most independent living residents have been contacted about this vaccine date, but if you have not received a call and need to confirm an appointment, please reach out to Laurie James in Resident Services.

Assisted living residents will be able to stay in their building; the pharmacist will come directly to them. Consent forms will be available to sign.

Fall fun is underway! The leaves are changing, the air is crisp, and the pumpkins are a plenty! That's why Blossom Place residents are excited to decorate and enjoy some fall favorites. Halloween decorations are already popping up. And, on Tuesday, October 12, we're making a fall favorite, an apple crisp! If you are feeling the spirit of Halloween, join in the fun with us!

Welcome, Neighbor to Edenton

Lisa Ambrose, Life Enrichment Director

Welcome **Mrs. Sandy Newberry** to Apartment 532. She was born and raised in St Louis, Missouri, one of six siblings. Mrs. Newberry married and had two sons. She is family oriented and truly enjoyed her years as a mother. Now she is the proud grandmother to two grandchildren and two great-grandchildren. They are the greatest joys in her life.

Besides being a mother, Mrs. Newberry worked in retail and held a clerical position with the railroad. In her younger days she was very athletic and enjoyed participating in sports, especially skiing, volleyball, and softball. She also enjoys arts and crafts and loves to sew small quilts and other projects.

A big Edenton family "Welcome!" to Sandy!

We also welcome Mrs. **Shirley Sanders**, who recently moved into Apartment 412. Ms. Sanders was born in Washington, D.C. and grew up in the District around Takoma Park and Silver Spring with her two sisters and one brother. Mrs. Sanders married and had eight children. She is the proud grandmother of 18 grandchildren, 22 great-grandchildren and 3 great-great-grandchildren. She loves being surrounded by her family.

Ms. Sanders was a homemaker most of her life, but she worked for ten years as a daycare teacher. In addition to attending family celebrations, she loves walking, traveling, shopping, and watching her favorite TV shows. She also loves American history and genealogy.

Welcome, Shirley! We're glad you're here.

Page Turner's Book Club

For October, our Page Turner's Book Club will be reading *Stargazer* by Anne Hillerman.

What begins as a typical day for Officer Bernadette Manuelito — serving a bench warrant, dealing with a herd of cattle obstructing traffic, and stumbling across a crime scene—takes an unexpected twist when she's called to help find an old friend.

Join the discussion! We'll meet in the library at 3 p.m. on Thursday, Oct. 28.

Welcome, neighbor, to Orchard Terrace

We welcome **Mr. John** and **Mrs. Lois Tokar** to Room 731. Mrs. Tokar was born and raised near Edwardsville, Pa. She had one brother. Mr. Tokar was born and raised near Wilkes Barre, Pa., and had one sister. They celebrate their 57th anniversary this month! They have one son, two daughters, and eight grandchildren.

Lois was a Registered Nurse. John was drafted and served four years in Army, then worked for many years as a cartographer. And, they always enjoyed the simple vacations they took to local campgrounds.

John was an avid fisherman, enjoyed woodworking, and made lots of custom furniture. He also enjoys watching baseball and football. Lois is a die-hard bingo player. She enjoys playing Scrabble and gin rummy and loves to read.

Welcome, Lois and John, to our Edenton family!

Dictionary Day

Marie O'Callaghan, Life Enrichment Coordinator

Every year Dictionary Day is observed in honor of Noah Webster, the man considered the "Father of the American Dictionary." On Saturday, October 16 at Garden House we will celebrate Dictionary Day. It's going to be a full day of fun with words that will include a Word of the Day, word finds, spill and spell, Boggle, crossword puzzles, and a spelling bee. Word games can be so much fun. We could even learn a new word or two...who knows?

Stamp Collecting

Caroline Dunning, Life Enrichment Coordinator

On Wednesday, October 13 at 1:30 p.m., we will be discussing stamp collecting at Orchard Terrace. Collecting stamps is related to philately which is the study of stamps. It is the world's most popular hobby. There are many facets of stamp collecting. Join us and share if this is an interest of yours.

Let's Get Creative

Lisa Ambrose, Life Enrichment Director

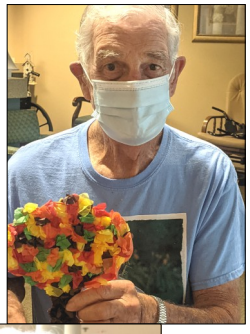
At Fiddler's Green during the month of October we are declaring it to be "Let's Get Creative" month.

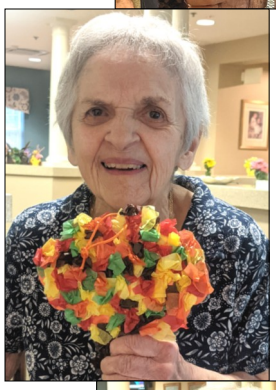
We will participate in different types of arts and crafts and creative projects. On Thursday, October 7, residents will be taking up their paint brushes to create a pumpkin patch scene during art class. Then, on Tuesday, October 12, they will create a leafy hedgehog using tissue paper squares. On Thursday, October 14, our craft will be kinetic sand art. And, on October 19 we'll create harvest blessing scarecrows. We'll wrap up our fall creativity on Tuesday, October 26 by painting and decorating wooden pumpkins.

Country Music

Caroline Dunning, Life Enrichment Coordinator

For this month's discussion group on Thursday, October 21 at 3 p.m., we'll focus our conversation on the beginnings of country music. We'll listen to music featured at the Country Music Hall of Fame. Appalachian fiddle music from the early 1900s is really where this genre got its start. Most historians consider 1927 to be the critical year focusing on the music of Jimmy Rodgers and the Carter family. Each country artist has rich history. Come share your country spirit and your favorite memories of this unique music.





Oh, the beauty of Autumn. **The trees outside will soon be changing colors but the leaves at Fiddler's Green have already started to change. Residents made fall trees.**

National Cookie Month

Marie O'Callaghan, Life Enrichment Coordinator

National Cookie Month is celebrated every October. That's right, this month you can start prepping your metabolism for the holiday season by indulging in cookies (in moderation of course). These delicious and sweet, easy-to-eat desserts are one of those foods that everyone loves. There are so many different kinds to choose from...chocolate chip, oatmeal raisin, sugar, peanut butter, and snickerdoodles, just to name a few. Many can still remember the mouth-watering aroma of cookies baking at grandma's house. You couldn't wait to try one with a glass of milk.

On Monday, October 18, in the afternoon, Garden House residents will sit down together for a Cookie & Milk Social. We'll savor a delicious variety of cookies and reminisce about some of our favorite cookie recipes. Cookies are good for the soul, and they sure do taste good, too!

Fall colors abound! **To kick off the first day of autumn, Orchard Terrace residents** *(at left)* **put their creative juices to work and made Fall Leaf Wreaths to decorate our space.**

Calling all poker players...

We are looking for players to restart our weekly poker games. We have moved the time to 2:30 p.m. on Saturday afternoons for everyone's convenience. We are hoping to find players to join in the fun! If you're interested, mark your calendars and make plans to attend.

Don't know how to play poker? Well, resident **Don Cahill** is willing to teach new players so you can join in on the fun. Contact the main office if you're interested.

Caregiver Support Group

Edenton's caregiver support group, a group for family members and dementia caregivers, continues to meet monthly. Lead by trained facilitators, the group permits family members and caregivers to share their experiences and provides an opportunity to support self-care for caregivers. The group currently meets virtually on the fourth Tuesday of each month at 12:30 PM using Google Meets. If you would like more information or would like to join the next meeting, contact Edenton's Laurie James at ljames@edenton-retirement.com or facilitator Lee Comstock at 301-807-3274.

Resident Spotlight

This month's spotlight shines on **Mr. Marvin L Hoy**. He was born on June 8, 1930, in Union Bridge, Maryland. Although he was born and raised in Union Bridge, Marvin attended Frederick High School. After high school graduation, he married his first wife (now deceased), and they enjoyed 56 years together. Together they had one son, Larry.

Early on, Marvin worked on a dairy farm in the same area he grew up in. Later, he sold the farm and went into sales. He worked for Sears Roebuck & Co. selling building materials and kitchenware. After leaving the store in 1960, he and his wife moved to Florida.

Four years later he began working as a general contractor building houses and apartment complexes.

Marvin was lucky to find love a second time, and later in life married a friend he had known since high school. They had fifteen years together before she passed away from complications of Alzheimer's disease. In his spare time, he enjoys reading historical mystery novels, collecting antiques, playing bridge, golfing, and walking.

We are glad to have Marvin as a member of our Edenton family!

ATTN: Edenton Bookworms

Library Alert! There are classics available in the Edenton library. You'll find books by authors like Mark Twain, John Steinbeck, Nathanial Hawthorne, Daphne Du Maurier, and many others.

Our Sincere Condolences

All of us at Edenton extend our heartfelt sympathy to the family and friends of those in our community who recently passed away.

You will be missed.

Mr. Kenneth Churney

Mr. Joseph Krusinski

Mr. John Lis

Independent Living Happenings

Lisa Ambrose, Life Enrichment Director

There are a few special don't-miss fall events on this month's calendar!

Join your neighbors on Saturday, October 23, at 1:30 p.m. in the Manor House's Community Room for a "Let's Get Spooky" Halloween happy hour. Hannah will be hosting, so make plans now to come out and enjoy some seasonal treats. Don't forget to wear something to show your Halloween spirit! Costumes are definitely encouraged. Let's make this a great event full of fun and neighborly fellowship.

Mark your calendars, too, for a fall-inspired Pokeno game. Cherita will be hosting this event on Thursday, October 28 at 1:30 p.m. in the Community Room.

Fall is an important time for garden cleanup and planning. Don't miss the two gardening club meetings planned for October. The first one is scheduled for Saturday, October 16 at 10:30 a.m. The second one is at the end of the month on Saturday, October 30 at 10:30 a.m.

Remember fall is in the air and it's a great time to enjoy the beauty of nature. Get out, visit with your neighbors, and have some fun participating in interesting activities. Hope to see you at some of this month's events!

EDENTON
RETIREMENT COMMUNITY

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