"Happenings" **ORCHARD TERRACE ACTIVITY CALENDAR** **December 2020**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Happy Birthday Rita Abrahams! 10:15 Exercise with Jennifer (1) 10:45 Exercise with Jennifer (2) 1:30 Drum Time (1) 3:00 Listen to Christmas Music (2)	**2** **Beauty Shop** 9:30 Body Stretch (1) 10:00 Current Events (1) 10:30 Stretch It (2) 11:00 What's New (2) **11:30 Bookmobile** **1:30 Wellness Appts.** 1:30 Made in America (1) 3:00 Products of America (2)	**3** **Beauty Shop** 9:30 Let's Move (1) 10:00 News Time (1) 10:30 Chair Exercise (2) 11:00 What's New (2) 1:30 Andy Williams Music (1) 3:00 Music by Andy Williams (2)	**4** 10:15 Exercise with Jennifer (1) 10:30 Exercise with Jennifer (2) 1:30 Play Scrabble (2) 3:00 Celebrate Scrabble's Birthday (1)	**5** 10:00 Holiday Music 2:00 Read a Book 3:00 Word Searches
6 	**7** *Caroline Shop with IL* 11:00 Holiday Wishes (2) 1:30 Resident Council (1) 3:00 Resident Council (2)	**8** 10:15 Exercise with Jennifer (1) 10:45 Exercise with Jennifer (2) 1:30 Holiday Card Writing (1) 3:00 Writing Holiday Cards (2)	**9** *Caroline Off* **Beauty Shop** 10:00 Holiday Music 2:00 Watch the Weather Channel 3:00 Check Out the News 	**10** **Beauty Shop** 9:30 Shape Up (1) 10:00 Current Events(1) 10:30 Stretch Time (2) 11:00 What's New (2) **First Day of Hanukah** 1:30 Meaning of Hanukah (1) 3:00 Hanukah Discussions (2)	**11** 10:15 Exercise with Jennifer (1) 10:45 Exercise with Jennifer (2) 1:30 Sighting Aurora Borealis (1) 2:30 The Northern Lights (2)	**12** 9:30 Let's Move (1) 10:00 News Time (1) 10:30 Morning Stretch (2) 11:00 Current Events 1:30 What's a Poinsettia (1) 3:00 Poinsettia Talk (2)
13 	**14** 10:15 Exercise with Jennifer (1) 10:45 Exercise with Jennifer (2) 1:30 Ornament Making (1) 3:00 Decoration Craft (2)	**15** *Caroline Off* 10:00 Check Out the Weather 2:00 Holiday Music on TV 3:00 Word Search Time	**16** **Beauty Shop** 9:30 Stretch It (1) 10:00 News Time (1) 10:30 Body Moves (2) 11:00 Current Events (2) **11:30 Bookmobile** **1:30 Wellness Appts.** 1:30 Favorite Colors of the Holiday (1) 3:00 Meaning of Colors at Holidays (2)	**17** **Beauty Shop** 9:30 Let's Stretch (1) 10:00 In the News (1) 10:30 Chair Exercise (2) 11:00 News Talk (2) 1:30 Twelve Days of Christmas (1) 3:00 The Meaning of 12 Days of Christmas (2)	**18** 10:15 Exercise with Jennifer (1) 10:45 Exercise with Jennifer (2) 1:30 Favorite Cookie Talk (1) 3:00 Holiday Baking Favorites	**19** 9:30 Exercise (1) 10:00 The Latest (1) 10:30 Chair Moves (2) 11:00 In the News 1:30 Paper Gingerbread House (1) 3:00 Gingerbread House of Paper (2)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20 National Ugly Sweater Day! 	**21** *Caroline Shop with IL* 11:00 Humbug Day (1) 1:30 Crossword Puzzles 3:00 Music on TV **First Day of Winter**	**22** **Beauty Shop** 10:15 Exercise with Jennifer (1) 10:45 Exercise with Jennifer (2) 1:30 Star of Wonder Talk (1) 3:00 Follow the Star (2)	**23** **Beauty Shop** 9:30 Chair Exercise (1) 10:00 News (1) 10:30 Let's Move (2) 11:00 Have you Heard? (2) **1:30 Wellness Appts.** 1:30 Candy Cane Talk (1) 3:00 Legend of the Candy Cane (2)	**24** **Christmas Eve** 9:30 Jingle Moves (10 10:00 Gifts Talk (1) 10:30 Candy Cane Stretch (2) 11:00 Favorite Things (2) 1:30 The Night Before Christmas (1) 2:00 A Visit from Saint Nicholas (2)	**25** *Caroline Off* **Christmas Day** 10:00 TV Holiday Music 2:00 Word Search – Christmas Edition **(1) = 1st floor** **(2) = 2nd Floor**	**26** 10:00 Read a Book 2:00 Crossword Puzzles 3:00 TV Movie of your Choice
27 	**28** 10:15 Exercise with Jennifer (1) 10:45 Exercise with Jennifer (2) 1:30 Once upon a Time (1) 3:00 The Story is… (2)	**29** 9:30 Let's Stretch (1) 10:00 News (1) 10:30 Body Moves (2) 11:00 The Latest (2) 1:30 Let's Draw a Snow Scene (1) 3:00 Snowy Art (2)	**30** 9:30 Exercise (1) 10:00 Current Events (1) 10:30 Muscle Time (2) 11:00 News Time (2) 1:30 Snowflake Craft (1) 3:00 Cut Out Snowflakes (2)	**31 Happy Birthday Jimetta Biah & Patricia Fon!!** **New Year's Eve** 9:30 Body Moves (1) 10:00 What's New (1) 10:30 Stretch It (2) 11:00 Current Events (2) 2:00 Countdown Talk (1) 3:30 New Year's Eve Discussion (2)		**Due to current COVID 19 Pandemic restrictions, small group activities can be held, and one on one creative programming will permit many activities to continue.** **If you want to talk with your family member, we are here to help you any time. We can arrange a video call or telephone any time**

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