July 3, 2020

Dear Edenton Campus Residents and Family Members:

July is always a time of picnics, family and friends gathering and vacations. This year our Independence Day celebrations will be very different because we have so many considerations to make due to the COVID virus in our communities and country. I encourage you to review the specific recommendations that the CDC has posted on their website for seniors since you still need to be taking extra precautions (www.cdc.gov).

This week's reporting, now over 30 states here in the US, reflects virus cases rising rapidly especially with young adults. Other situations that are giving cause for concern are the numbers of people going out to restaurants, bars, social gatherings, beaches and other publicly crowded locations or events. One of the best statements that I have heard and read over the past month as our communities open up … "Just because you can, does not mean you should".

Families and Residents, I want to provide you with some things to think about if you are considering a visit with family and friends. In general, the more people you interact with and the more closely you interact with them, the higher the risk of the virus to spread.

- You must delay or cancel the visit if you or your visitors have symptoms of COVID-19 or someone is known to have been exposed to the virus in the past 14 days.
- How many people will you interact with and where?
- Visit with your friends and family **outdoors**, when possible. If this is not feasible, make sure the room or space is well-ventilated (for example, open windows or doors) and is large enough to accommodate social distancing.
- Arrange tables and chairs to allow for social distancing. People from the same household can be in groups together and don't need to be 6 feet apart from each other.
- Try to avoid close contact with your visitors.
- Avoid others who are **not wearing cloth face coverings** or ask others around you to wear cloth face coverings. **Cloth face coverings must be worn over the mouth and the nose!** Wearing a cloth face covering helps protect others in case you're infected, while others wear one to protect you should they be infected.
- Consider keeping a list of people you visited or who visited you and when the visit occurred. This will help with contract tracing if someone becomes sick.
- Wash your hands often or use hand sanitizer.
- Be careful sharing food and drinks.
- If you choose to use any shared items that are reusable (e.g., seating covers, tablecloths, linen napkins), wash, clean, and sanitize them after the event.

Update on Edenton's Re-opening

Edenton remains in Phase 2 of re-opening. No additional changes or additions will be made in the coming week as we continue to monitor the impact the virus has on the Frederick community, the State of Maryland and surrounding states.

The Maryland Health Department just released guidance for assisted living facilities regarding prevention and control of the coronavirus. Edenton continues to meet all requirements and our phasing plan developed in May and released in June remains unchanged.

I do want to remind AL visitors – screening and getting your temperature taken before your visit is **mandatory at the Manor House front desk**. To aid staff in assuring that you have met the screening step, you will wear a **large yellow sticker** indicating the date and confirming you have been screened before the visit.

Unfortunately, we are still reminding some **Residents and family members** to wear a mask when out of their apartment on campus and to keep a safe social distance from others. We should all be very familiar with the requirement to always be wearing our mask.

IL Residents must schedule participation in any scheduled small group gathering, grocery shopping, meal, beauty salon, etc. There are no walk ins permitted.

As always, if Edenton can answer any question or you provide you with additional information, please reach out.

Happy Independence Day!

RaeAnn Butler