

June 19, 2020

Dear Edenton Campus Residents, Family Members and Staff:

The State of Maryland and Frederick County continues to experience positive trends in response to the COVID virus. This is in large part due to the careful limitations placed on all of us to help ensure the health and safety of everyone, but most especially our seniors, those with vulnerable health conditions and front-line staff/professionals.

I continue to review the state and local data daily especially following the declining positivity rate and hospitalization rates. We hear and know that our work to contain and isolate this virus is not over as we see cases reported or even spikes in other areas of the U.S. Our daily efforts of masking, social distancing, isolating ourselves from risky venues or activities is still just as important today as it was back in early March. Please review the document that I have included for social gatherings – this FAQ can help provide some information as you make personal choices on activities outside of your work and home life.

([https://commerce.maryland.gov/Documents/BusinessResource/FAQs\\_Social%20Gatherings\\_final.pdf](https://commerce.maryland.gov/Documents/BusinessResource/FAQs_Social%20Gatherings_final.pdf))

The last few weeks have brought more requests from Residents and family members for long term care facilities and communities to begin lifting restrictions and allowing certain activities to get back to “normal”. Several weeks ago, the Edenton management team finalized a phased re-opening plan for both independent living (IL) and assisted living (AL) residents. We kept this document to ourselves while we continued to monitor the health of the campus residents and staff members as the community at large began opening.

Today, I am pleased to share with you the phased re-opening plans for Edenton (See attached documents or find them on the [www.edentonfrederick.com](http://www.edentonfrederick.com) website). You will see that we are taking each step slowly and monitoring the progress of many key factors every two weeks. Once Frederick County announced a fully implemented phase 2 opening, we estimated that we could begin more steps of the phase 1 sections for IL and AL here on campus. These actions were designed to be extremely conservative as we monitored the community and our staff. You will see that high-lighted or shared areas are items we have implemented and are now doing.

After last Friday, June 12<sup>th</sup> announcement from the State of MD that AL could begin outside visitation with specific guidelines and procedures, this started to dovetail well into our AL phase 2 plan. And then today, the State of Maryland issued guidance for skilled nursing facilities regarding re-opening (AL are strongly encouraged to follow the nursing home guidance). After reviewing the various details of that plan, Edenton has thoroughly delineated a solid plan for moving forward. Edenton will still not implement all activities or movement under phase 2 for IL and AL. There are some activities that need more time to confirm internal processes and procedures. You will find the areas high-lighted showing where we are taking steps forward.

When we can choose safer or small group options, we are choosing that approach. For example, we will continue to utilize telehealth as much as possible. Limiting our Residents from community health care settings remains a higher risk and one we will proceed cautiously. We will keep first and second floor Residents at Orchard Terrace cohort for another week before we consider combining any activity. And finally, medical specialists will begin to provide services - podiatry, hearing and behavioral health. In

most cases the professional will go to the AL resident for a few more weeks rather than to the Wellness office.

And what about Beauty shop and nail services? IL beauty shop services began 2 weeks ago and nail services (manicure only) began yesterday for IL. I am finalizing the plans for AL residents to begin appointments very soon. We will be cautious and slow with appointments made per building and one at a time. I am still not mixing Residents from AL buildings or with IL residents.

Thank you again for your patience and support for Edenton! Managing the various aspects of Edenton's response to this pandemic, ensuring the care of Residents and health of our team has been and will remain our focus. We are here to answer any questions you might have.

Be well and safe,

RaeAnn Butler