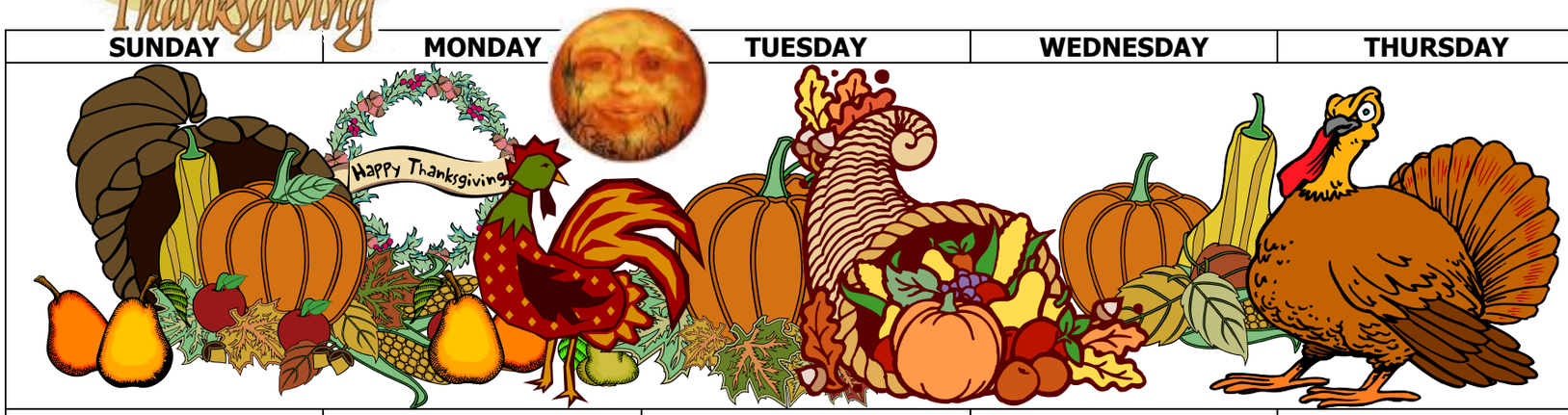
MENU FOR NOVEMBER 2019 IN THE GARDEN OF EDEN RESTAURANT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					**1** **Lunch** Fish Fillet On Roll **Dinner** Baked Scallops Or Fettuccine Alfredo	**2** **Lunch** Ham & Swiss on Rye **Dinner** Barbecue Chicken Or Pepper Steak
3 **Lunch** Turkey & Cheese on Whole Wheat **Dinner** Yankee Pot Roast or Baked Chicken	**4** **Lunch** BBQ Beef on Roll **Dinner** Stuffed Peppers Or Glazed Apple Pork Loin	**5** **Lunch** Pizza **Dinner** Salmon in Lemon & Butter Or Salisbury Steak	**6** **Lunch** Ham Salad w/Lettuce on Croissant **Dinner** Hot Roast Beef Sandwich Or Egg Plant Parmesan	**7** **Lunch** Hot Dog on a Bun **Dinner** Spaghetti w/Sauce Or Chef's Choice ?	**8** **Lunch** Sliced Chicken Breast on Roll **Dinner** Prime Rib Or Tuna Noodle Casserole	**9** **Lunch** Tuna Salad on Whole Wheat **Dinner** Cheeseburger Or Cheese Tortellini
10 **Lunch** Turkey Salad On White **Dinner** Oven Roasted Chicken Or Glazed Ham	**11** **Lunch** Meat Ball Sub **Dinner** Liver & Onions Or Baked Fish	**12** **Lunch** Hamburger On a Roll **Dinner** Turkey Cutlet Or Pizza Quiche	**13** **Lunch** Reuben Sandwich **Dinner** Lasagna Or Shrimp & Peapod Stir Fry	**14** **Lunch** Bacon, Lettuce & Tomato on White **Dinner** Chicken & Dumplings Or Beef Pepper Steak	**15** **Lunch** Tuna Salad on Whole Wheat **Dinner** Seafood Gumbo or Veal Steak w/Gravy	**16** **Lunch** Hot Ham & Cheese On Rye **Dinner** Lamb Roast Or Knockwurst & Sauerkraut

* Please note: Low-fat salad dressings and low-fat menu items are available every evening; Baked Chicken, Salmon, Vegetable Plate, Steak Burger, Turkey Burger or Garden Burger, Chef Salad, Cobb Salad, Baked Potato, Baked Sweet Potato, Brown Rice and Seasonal Plate. This symbol denotes low-fat menu items.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17 **Lunch** Sliced Turkey On Whole Wheat **Dinner** Baked Stuffed Chicken Breast or Lemon Baked Salmon	**18** **Lunch** Chicken Patty Sandwich **Dinner** Beef Burgundy Or Belly Clams	**19** **Lunch** Cold Cut Sub **Dinner** Swiss Steak Or Lemon Pepper Chicken	**20** **Lunch** Egg Salad on Whole Wheat **Dinner** Pork Loin BBQ Or Sausage w/Sautéed Peppers & Onions	**21** **Lunch** Sliced Ham on White **Dinner** Hungarian Goulash or Lime Marinated Chicken Breast	**22** **Lunch** Bologna & Cheese **Dinner** Lemon Baked Cod Or Chicken in Wine Sauce	**23** **Lunch** Chicken Salad **Dinner** Beef Medallions Or Creamed Chip Beef Over Biscuits
24 **Lunch** Smoked Turkey Sandwich **Dinner** Cider Glazed Ham or Roast Chicken	**25** **Lunch** Ham & Swiss on Whole Wheat **Dinner** Meatloaf Or Salmon Cakes	**26** **Lunch** Pizza **Dinner** Chili Or Oven Fried Chicken	**27** **Lunch** Fish Patty on Roll **Dinner** Crab Imperial Or Pork Chops	**28** *12:30 Thanksgiving* *Feast w/all the Trimmings* *Dinner - Sandwiches* *Available for* *"Take Home"*	**29** **Lunch** Turkey Salad On Whole Wheat **Dinner** Chicken Cordon Bleu Or Buttered Fish	**30** **Lunch** Hot Dog On a Bun **Dinner** Turkey Meatloaf Or Ham, Cabbage & Potatoes

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